

NATURAL INGREDIENTS OFFER NATURE'S GOODNESS

Wheat Grass. Full of essential vitamins, minerals, amino acids and enzymes, wheat grass revitalizes and energizes your body while providing the highest levels of protection. Wheat grass also offers a concentrated amount of chlorophyll to enhance immunity and support healthy cell metabolism.

Barley Grass. Barley grass has been shown to support healthy cholesterol levels already within a normal range. Studies also support the antioxidant activity of barley grass. The ability of barley grass to scavenge free radicals is thought to be due to the presence of polyphenolic compounds.

Kamut Grass. This grass is an ancient Egyptian wheat known for its low gluten levels. This type of wheat is considered to be nearly allergy-free. The green leaves of immature Kamut plants have a mild, fresh taste and are nutritionally beneficial.

Lemon Grass. Lemon grass has been used for centuries in Indonesia and Malaysia by herbalists and in Ayurvedic herbalism. Herbalists use lemon grass to support the nervous, digestive, and immune systems. Lemon grass is valued for its exotic citrus fragrance and source of nutrients.

Avocado. Avocados are nutrient-rich and provide a number of vitamins, minerals, and phytonutrients. Avocados contain oleic acid, a beneficial monounsaturated fat, and are rich in beta-sitosterol.

Cucumber. Cucumbers' hard skin is rich in fiber and contains a variety of beneficial vitamins, minerals, and phytonutrients.

Cruciferous Vegetables. Kale, watercress, cabbage, and broccoli are part of a family of vegetables called cruciferous vegetables. These vegetables are natural sources of phytonutrients, including indoles that help protect against cell damage and modulate the body's natural metabolism of hormones.

Aromatic Herbs. Peppermint, spearmint, sage, thyme, and wintergreen are aromatic herbs that provide soothing action to the digestive system. They support the digestive system by increasing the flow of digestive fluids and calming digestive spasms.

ABOUT SYNERGY

Synergy WorldWide is a division of Nature's Sunshine Products (NSP), a highly respected company in the natural health industry. The company is a debt-free industry giant. In



2002, *Nutritional Outlook* magazine selected NSP as Supplement Manufacturer of the Year. Dun & Bradstreet and *Entrepreneur magazine* rated Synergy eighth in its "Hot 100 Fastest-Growing Businesses in the U.S."

Synergy WorldWide is a world leader in health, anti-aging, and wellness products. Visit us at www.synergyworldwide.com to learn more about Core Greens and its complementary products: Detox Plus, Body Guard, and Germanium Plus.

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CORE greens



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SYNERGY WORLDWIDE

Nutritionists recommend eating five to nine servings of fruits and vegetables a day, but finding the time to do this is a daunting task. Synergy's Core Greens and its enhanced Green Fusion technology help you bridge the gap and provide the protection your body needs for optimal health and continual vigor.



Our unique Green Fusion technology is an advanced process that concentrates chlorophyll and other photosynthetic elements and delivers them in convenient, easily digestible form. Chlorophyll helps protect healthy cells, supports immunity, and acts as a natural deodorizer.

Many manufacturers claim their greens products are superior because of the number of ingredients. In contrast, the Core Greens formula only includes the important greens you really need. These key ingredients contain a wide range of potent plant compounds, antioxidants, phytonutrients, and flavonoids—all noted for their ability to protect, nourish, and strengthen the body.

“Core Greens tastes great. I've tried a million different greens products, and man, a lot of them are bitter and nasty. Core Greens is smooth and easy to drink.”

BENEFITS OF CORE GREENS

- **Phytonutrients provide powerful health-protective benefits**
- **Antioxidants combat free radicals and help counter cell damage**
- **Chlorophyll enhances immunity and protects cells**
- **Green Fusion Technology harnesses the power of the sun**
- **Brings you the green fire of photosynthesis in an easily digestible form**
- **Alkalizing formula hydrates and detoxifies the body**
- **Greens enhance energy and provide nutrition**



“I've used Core Greens for a short period of time and have lost almost 10 pounds. You hear on the radio that Americans are getting fatter every day. That used to be me—but not anymore!”

The America diet often consists mostly of red meat and dairy products. This kind of food constitutes an acidic diet, and too many acids can adversely affect the major body systems. Greens can provide an alkalizing effect and help you successfully follow a PH balancing regimen.

Core Greens is the only greens product you'll ever need. It's easy and convenient to take—just mix one scoop with water and you're ready to go. Packed with essential greens, Core Greens will brighten your day, enhance your energy, and improve your overall health.