

I spoke with Dr. Gross today. He's submitted all the numbers to a research firm. Publication is soon. 4 doctors were involved: 3 in StL, 1 in Springfield, MO. Energy expenditure with PA9 was 38% above placebo and 47% above control group. Increase in overall muscle mass was 7 1/2% greater with PA9 than control and 4 1/2% with PA9 and NO EXERCISE. They also measured C-Reactive Protein and Homocysteine. He didn't have those numbers in front of him.